

Leo Robbins Community Sailing Center City of Ventura
Basic Sailing Program

General Instructions

Please Note: Sailing is a physical activity and participants should have adequate physical stamina and be in good health. Sailing also requires that you have a good sense of balance and be capable of moving about quickly in a confined space.

Class Meetings

1. Classes meet once a week for four (4) weeks
2. Classes may be canceled and rescheduled if the weather is not safe for sailing.
3. Classes will start promptly at 9:00 am. Please arrive in time to put on your life jacket and be ready for the class to start.

Safety Rules

1. All students must wear a Life Jacket at all times while on the dock or in a boat. Students shall wear appropriate shoes and clothing for sailing.
2. No running is allowed on the docks.
3. While sailing, stay within sight of the sailing dock at all times unless accompanied by an instructor.
4. Keep a good lookout at all times while sailing. Do your best to avoid hitting another boat, the dock or any rocks.
5. Stay in control of your boat at all times.
6. ***Center-board boats can capsize.*** If your boat should capsize, ***don't panic stay with your boat and get you weight on the centerboard as soon as possible to prevent turning turtle.*** Most capsizes happen at the dock so please exercise caution, balance and proper weight placement when getting on and off your boat.
7. Smoking is not permitted at the sailing center.

General Information

1. Read the assignments in the "Sailing Manual". This will help you understand sailing procedures and terminology. You may also wish to purchase a copy of the U. S. Sailing book "Start Sailing Right". We have a supply of these books that you can purchase for \$15 each.
2. ***In order to receive a class completion certificate,*** students must attend all scheduled classes and receive a passing score on the final: written, practical sailing and knots tests.
If you must miss a class you can schedule a private lesson (make up) with the recreation department to complete the course and obtain your certificate of completion. Please inform your instructor ASAP if you must miss a class.
3. Restrooms are located in the park building.

Please do not hesitate to call your Instructor or the Director of Sailing Dave Bowen if you have any questions, concerns or problems. Dave's cell-phone is (805-231-3591). You can also call the dock telephone or leave a message at (805-643-3612).

Be Safe, Have Fun, and Learn To Sail - in Ventura